



MALONE ISD MENU



Oct. 2-6

Monday ~ Oatmeal w/toppings, toast, applesauce, juice, milk

Lada burrito, Spanish rice, lettuce/tomato salad, seasoned corn, pineapple, milk

Tuesday ~ *mini-waffles, pears, juice, milk*

Chicken & cheese quesadilla, pinto beans, cucumber slices, chilled peaches, milk

Wednesday ~ cereal, toast, fresh apple slices, juice, milk

Hamburger, potato wedges, burger salad, carrot sticks, mixed fruit, milk

Thursday ~ *French toast sticks, fresh pear, juice, milk*

Chicken alfredo, roasted broccoli, carrot sticks, hot roll, applesauce, milk

Friday ~ scrambled eggs w/ham, toast, orange rings, juice, milk

Sloppy Joe sandwich, garden salad, roasted potatoes, veggie dippers, mandarin oranges, milk

Oct. 9-13

Monday ~ Breakfast burrito, pears, juice, milk

Beef nachos, Spanish rice, lettuce/tomato salad, seasoned corn, fresh apple slices, milk

Tuesday ~ *Kolache, applesauce, juice, milk*

Asian beef taco, southwestern black beans, veggie dippers, mandarin oranges, milk

Wednesday ~ Breakfast pizza, peaches, juice, milk

Chicken nuggets, whipped potatoes, green beans, fresh orange rings, hot roll, milk

Thursday ~ *Oatmeal muffin squares, peaches, juice, milk*

Rotini with meatballs & marinara, spinach & orange salad, veggie medley, mixed fruit, hot roll, milk

Friday ~ Cereal, toast, banana, juice, milk

BBQ chicken, baked potato, garden salad, fresh peaches, hot roll, milk

Oct. 16-20

Monday ~ Cereal, toast, mandarin oranges, juice, milk

Chicken stir-fry, fried rice, Asian squash, fresh carrot sticks, chilled pineapple, milk

Tuesday ~ *Kolache, apricots, juice, milk*

Crispy fish wrap, glazed carrots, spinach salad, orange rings, milk

Wednesday ~ Chicken patty, toast, peaches, juice, milk

Corn dog, roasted broccoli, southwestern black beans, pineapple, milk

Thursday ~ *Cheesy scrambled eggs, toast, rosy applesauce, juice, milk*

Hot ham & cheese pita, garden salad, roasted potatoes, fresh apple slices, milk

Friday ~ Banana bread squares, pears, juice, milk

Chicken sandwich, sweet potato fries, cucumber slices, fresh banana, milk

Oct. 23-27

Monday ~ Pancakes, mandarin oranges, juice, milk

Pepperoni pizza, seasoned corn, sweet potato sticks, pineapple, milk

Tuesday ~ *Chicken patty, toast, mixed fruit, juice, milk*

Beef spaghetti, roasted carrots, spinach salad, hot roll, pears, milk

Wednesday ~ Breakfast on a stick, applesauce, juice, milk

Crunchy Hawaiian chicken wrap, pinto beans, cucumber slices, fresh orange rings, milk

Thursday ~ *Biscuit, scrambled eggs, gravy, fresh apple slices, juice, milk*

Chicken patty sandwich, sweet potato fries, fresh broccoli, fresh pear, milk

Friday ~ Waffles, banana, juice, milk

Salisbury steak, whipped potatoes, brown gravy, green beans, chilled peaches, hot roll, milk

Oct. 30-31

Monday ~ STUDENT HOLIDAY

Tuesday ~ *mini-waffles, pears, juice, milk*

Chicken & cheese quesadilla, pinto beans, cucumber slices, chilled peaches, milk

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